

## Selected Footnotes and Resources from Creative Critical Thinking for the Passionate: A Twelve Week Workbook by Debbie Aliya

1. See

<https://sociology.institute/sociology-of-education/intrinsic-values-of-education-built-in-worth/>

2. *Open Secret*, translated by John Moyne and Coleman Barks, 1999

<https://www.shambhala.com/open-secret.html>

4. James Tunney, *Human Entrance to Transhumanism*, 2021

<https://www.youtube.com/watch?v=BkBsov5EBtM>

5 See, for example,

<https://www.econlib.org/library/Enc/UnintendedConsequences.html>

and

<https://hbr.org/2021/05/5-rules-to-manage-ais-unintended-consequences>

6. The Buddha taught that there is a path to end suffering. This has to do with changing our attitude to pain. Pain, however, remains inevitable.

<https://buddhismforeveryone.com/the-four-noble-truths/>

7 “Grok” is a word invented by the science fiction writer Robert Heinlein. It means “deeply understand,” like in your bones and nerves. I love this useful word.

<https://en.wikipedia.org/wiki/Grok>

8 The great philosophers Kant, Schopenhauer, and Kastrup are leading lights in this school of philosophy.

[https://en.wikipedia.org/wiki/Immanuel\\_Kant](https://en.wikipedia.org/wiki/Immanuel_Kant)

[https://en.wikipedia.org/wiki/Arthur\\_Schopenhauer](https://en.wikipedia.org/wiki/Arthur_Schopenhauer)

<https://www.bernardokastrup.com/>

9 Lisa Feldman Barrett, in her book *How Emotions Are Made*, disputes the fact that smiles and frowns are universally recognizable. But I think that this is still a useful way of thinking about the world in many situations.

<https://lisafeldmanbarrett.com/books/how-emotions-are-made/>

10 We are social animals.

<https://medium.com/@sudharsan.b/humans-are-social-animals-b832da91c468>

13 Abstractions

<https://www.newworldencyclopedia.org/entry/Abstraction>

14 I'd like to acknowledge the influence of Andy Hunt's book, *Pragmatic Thinking and Learning: Refactor Your Wetware* (2008), on my understanding of what critical thinking is.

<https://pragprog.com/titles/ahpt1/pragmatic-thinking-and-learning/>

15 The "fire" element listed above is light! Later elemental systems included "ether." Ether may be viewed as the life force itself.

<https://www.greekhistoryhub.com/pages/the-four-elements-theory-a-deep-dive-into-empedocles-ideas-2ccbb537.php>

16 See *Thinking in Systems*, by Donella H. Meadows.

<https://www.goodreads.com/book/show/3828902-thinking-in-systems>

20. George Gurdjieff

<https://www.gurdjieff.org/>

21 For a general discussion of the limitations of language, see

<https://blogs.ubc.ca/badlanguage>

For the referenced link about E-Prime, see <https://blogs.ubc.ca/badlanguage/2019/11/27/e-prime-a-linguistic-exercise-to-avoid-confusion-and-clarify-meaning>

#### SELECTED RESOURCES

David Levy: <https://www.davidlevypsych.com/tools-of-critical-thinking>

Michael Gelb: <https://www.thriftbooks.com>

/w/how-to-think-like-leonardo-da-vinci-seven-steps-to-genius-every-day\_michael-j-gelb/248535/#idq=1023595&edition=2392109

Donella Meadows: [https://en.wikipedia.org/wiki/Thinking\\_In\\_Systems%3A\\_A\\_Primer](https://en.wikipedia.org/wiki/Thinking_In_Systems%3A_A_Primer)

Francis Bacon: [https://en.wikipedia.org/wiki/Francis\\_Bacon](https://en.wikipedia.org/wiki/Francis_Bacon)

and for a more controversial view: <https://sirbacon.org/>

Temple Grandin: <https://www.youtube.com/watch?v=UKhg68QJlo0>

and

<https://www.grandin.com/inc/visual.thinking.html>

For an extra set of questions, clickable footnotes, and a link to purchase the book on Lulu, please visit:

<https://cultivatingclarityinc.com/debbies-book/>